**TUCKSHOP TIPS**
- Correct money please, as change will be taped to the bag & the tuckshop will not be held responsible for any loss once orders have been received.
- All orders are to be placed in Tuckshop boxes located in classrooms.
- **No orders taken directly at tuckshop**
- Ice Blocks to be collected from tuckshop when the play bell rings
- If you have a sticker on your bag please go to the tuckshop to see Heidi.

**SMART CHOICES**
(Healthy Foods & Drink Supply Strategy for Qld Schools)
Queensland State School Tuckshops have in place a healthy, balanced eating plan.

- **GREEN (G)** Foods & drinks we encourage children to select most.
- **AMBER (A)** We encourage children to select small serves of these items.
- **RED (R)** These foods are not available. Only allowed 2 days per semester for the entire school.

**FRIDAYS ONLY**
- Hot Dog (1st Friday of the Month) $2.50
- Chicken Nuggets (2nd Friday of the Month) $2.50
- Pizza Day (3rd Friday of Month) $2.50
- Sausage Sizzle (4th Friday of Month) $2.50
- Cheerios (5th Friday of Month) $2.50
- Poppa Juice / Lol’s $1.50
- Icy Pole $0.50

**SPECIALS OFFERS**
- Taco Tuesday (Tuesday’s only) $4.00 per Taco
- Sushi Wednesday (Wednesday’s only) $5.00 for 6 Rolls

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**SANDWICHES**
- A Vegemite $2.00
- A Vegemite & Cheese $2.50
- A Cheese $2.50
- G Egg $2.50
- G Chicken/Ham/Tuna $3.50
- G Salad $3.50
- Toasted or Cheese $0.50

**SALADS**
- G Salad Plate $4.00
- G Chicken/Ham/Tuna Salad Plate $4.50

**SNACKS**
- G Cheese and Crackers $2.00
- G Fresh Fruit $0.50
- G Boiled Egg $1.00
- G Carrot Sticks $1.00
- A 2 Mini Muffins $0.50
- G Popcorn $1.00
- A Gingerbread Man $1.00
- G Diced Fruit Salad Packs 140g $1.50
- A Slice of the Day .50c
- A Small Chips .50c

**WRAPS**
- G Salad Wrap $3.50
- G Chicken/Ham/Tuna & Salad Wrap $4.50
- G Chicken, Lettuce, Mayo $4.00
- A Toasted Ham, Cheese, Pineapple $4.00
- Ham & Cheese $4.00
- A Sweet Chili Chicken Lettuce & Mayo $4.50
- A Sweet Chili Chicken & Salad $5.50

**HOT FOODS**
- G Pizza: Cheese & Bacon $2.50
- Hawaiian $2.50
- A Cheese Burger $3.50
- A Fish Burger $5.00
- A Fish piece crumbed $3.00
- A Chicken Burger: With Lettuce & Mayo (CLM) $4.00
- With Salad $5.00
- A Hamburger with Salad $5.00
- A Party Pies $0.80
- A Pies Four n Twenty Lite $3.00
- A Sausage Rolls $3.00
- A Chicken Balls (6) $3.00
- A Chicken Balls (3) $1.50
- A Sweet Chili Chicken strips (2) $3.50
- A Macaroni Cheese $2.50
- A Fried Rice $2.50
- A Spaghetti Bolognais $2.50
- A Lasagne $2.50

**DRINKS**
- G Bottled Water 600ml $1.00
- G Poppa 250ml $1.50
- G Breaka Milk 250ml $2.00
  - Choc, Strawberry 
- A Lol’s 99% Fruit, .50c
- G Smoothies –
  - Banana, Mixed Berry or Mango $3.00

**ICY TREATS**
- A Frozen Yoghurt $1.50
- A Dixie Cup $1.50
- A Paddle Pops, .50c
  - Choc, Banana, Rainbow
- A Paddle Pop Icy Twist Lemonade $1.50
- A Quench Icy Poles $1.00
- A Zing Icy Pole $1.00
- A Mini Calippo $1.00
- A Shaky Shake $2.00

**FRUIT TREATS**
- A Seasonal Fresh Fruit Cup $1.50
- A Fresh Fruit Cup with Yoghurt $2.00

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**TUCKSHOP BAGS**
Packet of 20 for $1.00 or 10c Each

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**THANK YOU FOR YOUR SUPPORT!**

Heidi Armstrong - Tuckshop Convener

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**VOLUNTEERS NEEDED EVERYDAY: 9AM TO 11AM.**