## EMU PARK STATE SCHOOL TUCKSHOP LIST - 2024: OPEN MONDAY TO FRIDAY- BOTH BREAKS.

## THERE IS A SET MENU ON FRIDAYS- ORDERS PLACED IN CLASSROOM BOXES OR ONLINE EVERYDAY BY 9AM

| SANDWICHES |  | SALADS |  |
| :---: | :---: | :---: | :---: |
| A Vegemite | \$2.50 | G Salad Bowl | \$4.00 |
| A Vegemite \& Cheese | \$2.50 | G Chicken/Ham/Tuna Salad Plate | \$5.00 |
| A Cheese | \$2.50 | Add egg | \$1.00 |
| G Egg | \$2.50 | Add cheese | \$0.50 |
| G Chicken/Ham/Tuna | \$5.00 |  |  |
| G Salad | \$4.00 | SNACKS |  |
| Toasted or Cheese | \$0.50 | G Cheese and Crackers | \$2.50 |
|  |  | G Fresh Fruit | \$1.00 |
| WRAPS |  | G Boiled Egg | \$1.00 |
| G Salad Wrap | \$4.00 | G Carrot Sticks | \$1.00 |
| G Chicken/Ham/Tuna \& Salad Wrap | \$5.00 | G Popcorn | \$1.00 |
| G Chicken, Lettuce, Mayo | \$5.00 | A Slice of the Day | \$0.50 |
| A Toasted |  | A Small Chips | \$0.50 |
| Chicken, Ham, Cheese, Pineapple | \$5.00 | A 2 Mini Muffins | \$0.50 |
| Chicken, Ham \& Cheese | \$5.00 |  |  |
| A Sweet Chili Chicken \& Salad | \$6.00 | DRINKS |  |
|  |  | G Bottled Water 600ml | \$2.00 |
| HOT FOODS |  | A Poppa 250 ml | \$2.00 |
| G Pizza: Cheese \& Bacon | \$4.00 | A Breaka Milk 250 ml | \$2.00 |
| Hawaiian | \$4.00 | Choc, Strawberry |  |
| A Cheese Burger | \$5.00 | G Smoothies - |  |
| A Fish piece crumbed | \$4.00 | Banana, Mixed Berry or Mango | \$4.00 |
| A Chicken Burger: |  | A Slush Puppy | \$2.50 |
| With Lettuce \& Mayo (CLM) | \$5.00 |  |  |
| With Salad | \$6.00 | ICY TREATS |  |
| A Fish Burger with salad | \$6.00 | A Frozen Yoghurt | \$2.50 |
| A Hamburger with Salad | \$6.00 | A Dixie Cup | \$2.00 |
| A Party Pies | \$1.30 |  | \$2.00 |
| A Pies Four $n$ Twenty Lite | \$4.00 | Choc |  |
| A Sausage Rolls | \$4.00 | A Paddle Pop Icy Twist Lemonade | \$2.00 |
| A Chicken Balls (5) | \$4.00 | A Quench lcy Poles | \$0.50 |
| A Sweet Chili Chicken strips (2) | \$4.00 | A Mini Calippo | \$1.50 |
| A Macaroni Cheese | \$4.00 | A Cyclones | \$1.50 |
| A Fried Rice | \$4.00 | A Chocolate Icecream Cup | \$2.00 |
| A Spaghetti Bolognaise | \$4.00 | A Strawberry Iceceam Cup | \$2.00 |
| A Lasagne | \$4.00 | A Stawberylceceam Cup |  |
| A Mini Quiche | \$5.00 | FRUIT TREATS |  |
|  |  | G Seasonal Fresh Fruit Cup | \$3.50 |

## SMART CHOICES

(Healthy Foods \& Drink Supply Strategy for Qld Schools)
Queensland State School Tuckshops have in place a healthy, balanced eating plan.
© GREEN (G) Foods \& drinks we encourage children to select most.
(:) AMBER (A) We encourage children to select small serves of these items.
(:) RED (R) These foods are not available. Only allowed 2 days per semester for the entire school.

## TUCKSHOP BAGS: <br> PACKET OF 20 FOR $\$ 1.00$ OR 10 c EACH



THANK YOU FOR YOUR SUPPORT!
Heidi Armstrong - Tuckshop Convenor

| FRIDAYS ONLY |  |  |
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## TUCKSHOP TIPS

$\checkmark$ We prefer all orders are to be placed Online or in Tuckshop boxes located in classrooms.
$\checkmark$ Online payment is preferred for all orders through QKR app
$\checkmark$ Correct money to be given please, change will be taped to the bag \& the tuckshop will not be held responsible for any loss once orders have been received.
$\checkmark$ No orders taken directly at tuckshop
$\checkmark$ Ice Blocks to be collected from tuckshop when the play bell rings
$\checkmark$ If you have a sticker on your bag please go to the tuckshop to see Heidi.

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